

FRIDAY 31ST MARCH 2023

SENIORS INFORMATION EXPO TIMETABLE

Expert
Presenters

9am	Doors open. Tea and coffee available. Official welcome at 9.25
9.30am	How can an Aged Care Specialist Officer Help You?
10am	Home Care Packages - the benefits and how to get one
10.30am	The steps to entering an Aged Care Facility and the Costs
11am	How the Seniors Rights Service can help you
11.20am	The benefits of exercise as you age plus Chair Yoga session
11.40am	Enduring Guardianship, Power of Attorney and Advanced Care Directives - why having these in place is important
12noon	The importance of ACATs and how to arrange one
12.30pm	The importance of Infection Prevention and Control
1pm - 3pm	Open Expo - visit one or all of our stalls with time to chat to the experts. Stalls include: ACAT advice, Senior Rights Service, Aged Care Specialist Officer, Infection Prevention advice, Banksia Community Care, Banksia Lodge, Banksia Village and more

FREE EVENT - no need to book

**Banksia Village, Grevillea Centre,
69 Heath St Broulee**

**9am - 3pm : drop in at any time that suits you
Coffee, Tea and Sandwiches provided**

Friday 31st March 2023



**BANKSIA
VILLAGES**